



Welcome to the Cathedral Church of St Andrew

At this time of uncertainty and challenge, when we can no longer open our doors to worshippers because of the Coronavirus, the Cathedral is broadcasting its main services on the internet, without a congregation in the Cathedral itself but in communion with faithful Christians in this Diocese and around the world.

You are most welcome to join us,
and to worship with us in the presence of God.

THE HOLY EUCHARIST

Sunday, 22 March 2020, 10.45 am

Fourth Sunday of Lent (Laetare / Mothering Sunday)

Celebrant: The Very Rev'd Dr Isaac Poobalan

Preacher: Stephanie Brock

Director of Music and Organist: Professor Andrew Morrisson

Server: Professor Ferdinand von Prondzynski

Organ voluntary

Johann Sebastian Bach, *Kyrie, Gott Vater* BWV 572

Hymn 285 (t.i NEH)

(Words: Folliot Sandford Pierpoint, 19th century poet and classicist, from *Lyra Eucharistica*, 1864. Music: *England's Lane*, an English melody adapted by Geoffrey Shaw)

- 1 For the beauty of the earth
For the beauty of the skies,
For the love which from our birth
Over and around us lies.
*Lord of all, to thee we raise,
This our sacrifice of praise.*
- 2 For the beauty of each hour,
Of the day and of the night,
Hill and vale, and tree and flower,
Sun and moon, and stars of light.
- 3 For the joy of ear and eye,
For the heart and brain's delight,
For the mystic harmony
Linking sense to sound and sight.
- 4 For the joy of human love,
Brother, sister, parent, child,
Friends on earth and friends above,
For all gentle thoughts and mild.
- 5 For each perfect gift of thine,
To our race so freely given,
Graces human and divine,
Flowers of earth and buds of heaven.
- 6 For thy Church that evermore
Lifteth holy hands above,
Offering up on every shore
This pure sacrifice of love.
*Lord of all, to thee we raise,
This our sacrifice of praise.*

THE WELCOME

Minister ✠ In the name of the Father, and the Son, and the Holy Spirit.
All **Amen.**

Minister Grace and peace to you from God our Father
and the Lord Jesus Christ.
All **Amen.**

THE COLLECT FOR PURITY

Minister Almighty God,
All **to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your Holy Name;
through Christ our Lord.
Amen.**

THE CONFESSION, KYRIES AND ABSOLUTION

Minister God is love and we are God's children.

There is no room for fear in love.

We love because God loved us first.

Let us confess our sins in penitence and faith.

A short silence may be kept.

Minister God our Father,

All

We confess to you

**and to our fellow members in the Body of Christ
that we have sinned in thought, word and deed,
and in what we have failed to do.**

We are truly sorry.

Forgive us our sins,

and deliver us from the power of evil,

for the sake of your Son who died for us,

Jesus Christ, Our Lord.

Celebrant

God, who is both Power, and Love,

✠ forgive you and free you from your sins,
heal and strengthen you by the Holy Spirit,
and raise you to new life in Christ our Lord.

All

Amen.

KYRIE

Lord, have mercy

Lord, have mercy

Christ, have mercy

Christ, have mercy

Lord, have mercy

Lord, have mercy

Collect (Fourth Sunday of Lent: Mothering Sunday)

God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

Collect (Lent)

Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Old Testament: 1 Samuel 1:20-18 (NRSV)

In due time Hannah conceived and bore a son. She named him Samuel, for she said, ‘I have asked him of the Lord.’

The man Elkanah and all his household went up to offer to the Lord the yearly sacrifice, and to pay his vow. But Hannah did not go up, for she said to her husband, ‘As soon as the child is weaned, I will bring him, that he may appear in the presence of the Lord, and remain there forever; I will offer him as a nazirite for all time.’ Her husband Elkanah said to her, “Do what seems best to you, wait until you have weaned him; only—may the Lord establish his word.’ So the woman remained and nursed her son, until she weaned him. When she had weaned him, she took him up with her, along with a three-year-old bull, an ephah of flour, and a skin of wine. She brought him to the house of the Lord at Shiloh; and the child was young. Then they slaughtered the bull, and they brought the child to Eli. And she said, ‘Oh, my lord! As you live, my lord, I am the woman who was standing here in your presence, praying to the Lord. For this child I prayed; and the Lord has granted me the petition that I made to him. Therefore I have lent him to the Lord; as long as he lives, he is given to the Lord.’

For the word of the Lord

Thanks be to God

Psalm 34:11-20

- 11 Come, O children, listen to me : I will teach you the fear of the Lord.
12 Which of you desires life : and covets many days to enjoy good?
13 Keep your tongue from evil : and your lips from speaking deceit.
14 Depart from evil, and do good : seek peace, and pursue it.
15 The eyes of the Lord are on the righteous : and his ears are open to their cry.
16 The face of the Lord is against evildoers : to cut off the remembrance of them from the earth.
17 When the righteous cry for help, the Lord hears : and rescues them from all their troubles.
18 The Lord is near to the brokenhearted : and saves the crushed in spirit.
19 Many are the afflictions of the righteous : but the Lord rescues them from them all.
20 He keeps all their bones : not one of them will be broken.

Glory be to the Father, and to the Son : and to the Holy Spirit;
As it was in the beginning, is now and ever shall be : world without end. Amen.

Epistle: Colossians 3:12-17 (NRSV)

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

For the word of the Lord

Thanks be to God

Gospel acclamation

Praise to you O Christ, King of eternal glory.

Praise to you O Christ, King of eternal glory.

The hills stand about Jerusalem: even so the Lord stands round about his people, from this time forth for evermore.

Praise to you O Christ, King of eternal glory.

Gospel: John 19:25-27 (NRSV)

After the Gospel is announced

All **Glory to Christ our Saviour.**

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

Give thanks to the Lord for His glorious Gospel.

All **Praise to Christ our Lord.**

THE SERMON: *Stephanie Brock*

THE NICENE CREED

We believe in one God, the Father, the almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one substance with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son
is worshipped and glorified.
He has spoken through the Prophets.
We believe in one Holy Catholic and Apostolic Church,
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
✠ and the life of the world to come.
Amen.

PRAYERS OF INTERCESSION

THE PEACE

Celebrant We meet in Christ's Name.

All **Let us share His peace.**

Offertory Hymn 161 (t. 385 NEH)

(Words: John Peacey, priest and cricketer; he wrote 18 hymns which were discovered posthumously. Music: *St Botolph*, Gordon Slater, 20th century English organist of St Botolph's church in Boston, Lincolnshire)

1 For Mary, Mother of the Lord
God's holy name be praised,
Who first the Son of God adored
As on her child she gazed.

2 The angel Gabriel brought the word
She should Christ's mother be;
Our Lady, handmaid of the Lord,
Made answer willingly.

3 The heavenly call she thus obeyed,
And so God's will was done;
The second Eve love's answer made
Which our redemption won.

4 She gave her body for God's shrine,
Her heart to piercing pain,
And knew the cost of love divine
When Jesus Christ was slain.

5 Dear Mary, from your lowliness
And home in Galilee,
There comes a joy and holiness
To every family.

6 Hail, Mary, you are full of grace,
Above all women blest;
Blest in your Son, whom your embrace
In birth and death confessed.

PRAYERS OF OFFERING

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread to offer, which earth has given and human hands have made: it will become for us the Bread of life.

All **Blessed be God for ever.**

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become the Cup of our salvation.

All **Blessed be God for ever.**

The Great Thanksgiving

SURSUM CORDA

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

EUCCHARISTIC PRAYER

Celebrant Worship and praise belong to you,
maker of light and darkness.
Your wisdom draws beauty from chaos,
brings a harvest out of sorrow
and leads the exiles home.
In Christ your Son enemies are reconciled,
debts forgiven
and strangers made welcome.
Your Spirit frees us
to live as sons and daughters in our Father's house.
We who by Christ's power
follow the way of the Cross,
sharing the joy of his obedience,
now offer you our praise,
with angels and archangels and the whole company of heaven
singing the hymn of your unending glory:

SANCTUS and BENEDICTUS

Holy, holy, holy Lord

God of power and might.

Heaven and earth are full of your glory.

Hosanna in the highest.

✠ Blessed if he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant

Glory and thanksgiving be to you,
most loving Father,
for Christ in whom the world is reconciled.
Lifted on the Cross, his suffering and forgiveness
spanned the gulf our sins had made.
Through that dark struggle
death was swallowed up in victory,
that life and light might reign.
Before he was given up to suffering and death,
recalling the night of Israel's release,
the night in which the sons of Egypt died,
your Chosen One, himself the First-Born,
freely offered his life.
At supper with his disciples
he took bread and offered you thanks.
He broke the bread,
and gave it to them, saying:

'Take, eat. This is my Body: it is broken for you.' ✠

After supper, he took the cup,
he offered you thanks,
and gave it to them, saying:

*'Drink this, all of you.
This is my Blood of the new covenant;
it is poured out for you, and for all,
that sins may be forgiven.
Do this in remembrance of me.'* ✠

All **We now obey your Son's command.
We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.
Made one with him, we offer you these gifts
and with them ourselves,
a single, holy, living sacrifice.**

Celebrant **Hear, us most merciful Father,
and send your Holy Spirit upon us
and upon this bread and this wine,
that, overshadowed by his life-giving power,
they may be the Body and Blood of your Son,
and we may be kindled with the fire of your love
and renewed for the service of your Kingdom.**

All **Help us, who are baptised into the fellowship of
Christ's Body
to live and work to your praise and glory;
may we grow together in unity and love
until at last, in your new creation,
we enter into our heritage
in the company of the Virgin Mary,
Saint Andrew, the apostles and prophets,
and of all our brothers and sisters
living and departed.**

Celebrant **Through Jesus Christ our Lord,
With whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be to you,
Lord of all ages,
world without end.**

All **Amen.**

The Sharing of the Bread and the Wine

THE BREAKING OF THE BREAD

Celebrant The living Bread is broken for the life of the world.

All Lord, unite us in this sign.

LORD'S PRAYER

Celebrant As our Saviour has taught us, so we pray:

All Our Father, who art in heaven,
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom, the power,
and the glory
For ever and ever. Amen.

THE COMMUNION

AGNUS DEI

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
grant us peace.

The celebrant receives communion

INVITATION TO COMMUNION

Celebrant Behold the Lamb of God: behold Him that takes away the sin of the world; blessed are they who are called to his supper.

All **Lord, I am not worthy to receive you, but only say the word and I shall be healed.**

Anyone watching this service online is invited at this point to make a spiritual communion. This is a Christian practice of desiring union with Jesus Christ in the Holy Eucharist, even when it is not possible to be physically present. You may wish to say a prayer at this point, such as the following:

Lord Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. Permit not that I should ever be separated from you. Amen.

After the Communion, two young members of the congregation (not physically present in the Cathedral) may offer a song for Mothering Sunday

PRAYER AFTER COMMUNION

Celebrant Give thanks to our gracious God,
All **Whose mercy endures for ever.**

Celebrant Let us pray.

The Celebrant says the post-Communion prayer.

Celebrant Loving God, as a mother feeds her children, you feed us in this sacrament with spiritual food and drink. Help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord.

All **Amen.**

BLESSING:

Celebrant Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
And the blessing of God almighty,
✠ the Father, the Son, and the Holy Spirit,
be upon you and remain with you –
and all whom you love, and all who love you,
wherever they may be – this day and for evermore.

All **Amen.**

Organ Voluntary:

Johann Sebastian Bach, *Toccatà in D minor* BWV 565

LET US PRAY

We thank God for the life and witness of this Cathedral, and we pray for guidance and inspiration as we plan for its regeneration so that it may serve the people of God in this city for generations to come.

In the Cathedral community we pray for Helena Thomas, Yvonne Craik, Moira Paterson, Jean Souter, Ravi Garg, Roger Worthington and Gordon Smith.

We praise God for those who mark a blessing this week with a birthday or an anniversary.

We remember those whom we love but see no longer, and those whose year's mind occurs this week.

In the Anglican Cycle of Prayer we pray for the Diocese of Hong Kong, and for The Most Revd Paul Kwong, Archbishop of Hong Kong Sheng Kung Hui and Bishop of Hong Kong Island.

In the Diocesan Cycle of Prayer we pray for All Saints Church, Strichen, and for their interim Priest-in-Charge, the Rev'd Canon Jeremy Paisey, and for Assistant Priest, the Rev'd Alan Bartlam.

In the Porvoo Prayer Diary we pray for the Diocese of Lund in the Church of Sweden, and for Bishop Johan Tyrberg; for the Diocese of Cashel, Ossory and Ferns in the Church of Ireland, and for Bishop Michael Burrows; and for the Diocese of Ely in the Church of England, and for Bishop Stephen Conway and Bishop Dagmar Winter.

EVENTS AND SERVICES

There are currently no services or events in the Cathedral. You may join us online as set out below. On other weekdays we may also livestream a service (office) at 12 noon.

25 March **Wednesday Holy Communion** at 10 am (online only)

29 March **The Eucharist** at 10.45 am (online only)

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